Permit Stamp for 10 kilo Packages from Friends and Relatives..., but only a few got Packages. Erich Lichtblau explains, it was not ordinary for other ghettos to receive packages from the outside world. In Theresienstadt, it was possible to get food parcels from family members and friends who lived in the outside world. Relatives had to get a permit-stamp. Having obtained such stamp, they could dispatch a gift parcel directed to the post office in the ghetto. Despite family and friends could send up to 10-kilo

